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RESEARCH HIGHLIGHTS

THE OFFICIAL NEWSLETTER OF THE SOCIAL JUSTICE COMMITTEE
IN THE DEPARTMENT OF PSYCHOLOGICAL SCIENCE

INFLUENTIAL FIGURES IN PSYCHOLOGY



Evelyn Hooker

Evelyn Hooker conducted research on homosexuality at a time when it was criminalized across America and deemed a mental illness by the DSM. Her research destroyed the notion that homosexuality was a mental illness and influenced the fight for removal of homosexuality as a condition in the DSM. After facing various forms of discrimination and hardships in life this research was the beginning of her lifelong pursuit of social justice.

Tania Israel

Tania Israel is an bisexual, biracial, Asian American, intersectional feminist who conducts research in pursuit of social justice. Her research focuses on LGBTQ individuals and communities, privilege and oppression, intersectionality, and social justice.



FACULTY RESEARCH HIGHLIGHTS

Gender Trouble and Social Psychology: How can Butler's work inform experimental social psychologists' conceptualization of gender? Thekla Morgenroth, Ph.D

In this article Drs. Thekla Morgenroth and Michelle K. Ryan introduce key arguments of Judith Butler's famous Gender Trouble and how Butler's framework can map onto current social psychology theories of gender, as well as how these theories differ. Drs. Morgenroth and Ryan build off of these comparisons and suggest how Butler's work can inform new research as well as how gender can be operationalized within the field.



The hyper-sentient addict: an exteroception model of addiction

Samuel DeWitt, Ph.D

In addiction literature, there are two current models: the interoception model, which focuses on the internal and physiological processes of an organism, and the exteroception model, which focuses on stimuli in the environment. Dr. Dewitt and team present a systematic review of the exteroception model of addiction, as much of the addiction literature has focused on the interoception model. This review shows that exteroception does play a key role in addiction and the findings can inform future intervention development.



Standing up and speaking out against prejudice toward gay men in the workplace Larry Martinez, Ph.D

Dr. Martinez and team sought out to find the most effective way for allies of LGBTQ+ employees to speak on their behalf in the face of prejudice from other employees, their study specifically focusing on gay men. They began by conducting two focus groups, one with LGB employees and the other with heterosexual allies, where both groups were asked about their experiences with confronting prejudice in the workplace. Then the researchers conducted an experiment to assess the most effective way for an ally to confront an employee who is targeting a fellow gay male employee while also reducing potential backlash.



LGBTQ Scientists are still left out Jon Freeman, Ph.D

Dr. Jon Freeman is a psychologist that combines cognitive research with topics from the social psychology field. In this article Dr. Freeman presents some alarming statistics of the rates of LGBTQ+ academics in the STEM fields. He then explains what he sees as potential barriers to LGBTQ+ visibility in academia, and then makes suggestions on how diversity programs can work to include LGBTQ+ people in their efforts and the benefits this can bring to STEM.



VIDEOS

Bisexuality: The Invisible Letter “B” -

Misty Gedlinske - TEDxOshkosh

Misty Gedlinsky is a LGBTQ+ advocate who has founded the Fond du Lac Pride Alliance. In this talk, Gedlinsky discusses bisexual erasure, and the struggles bisexuals face from being alienated from their own LGBTQ community and heterosexual people.



How a 1940s psychology study sparked the modern gay rights movement

This is a brief run down of how Evelyn Hooker's research came to be including interview footage with Hooker herself. The video discusses the impact her research had on depathologizing homosexuality.

Understanding Gender Dysphoria in Children and Teens with Dr. Daniels | CHOC

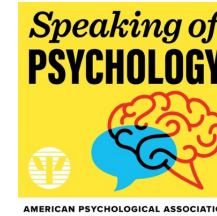
There has been increasing anti-transgender legislation in recent time, most of which is directed towards trans youth. Multiple organizations, including the American Academy of Pediatrics and the APA, have noted the importance of gender affirming healthcare for gender nonconforming youth, and how this healthcare can be life saving in terms of reducing mental distress. In this video, Dr. Daniels explains what gender dysphoria is and how he treats gender non-conforming youth.



PODCASTS

Speaking of Psychology: Helping transgender people thrive

Transgender and gender nonconforming people are becoming more accepted in mainstream society, but they still remain misunderstood and understudied. In this episode, psychologist Anneliese Singh discusses how she and other researchers are trying to understand resilience within this population. She also talks about new practice guidelines for the mental health professionals who work with them.



Psych and The City: The World of Aces - Talking Asexuality With Angela Chen

Host Sarah Kelleher interviews journalist and author of the book Ace: What Asexuality Reveals about Desire, Society, and the Meaning of sex, Angela Chen. They have a discussion about what is covered in the book, Chen's experiences with being asexual, and dispel common myths about the asexual identity.



ADDITIONAL READINGS

Cross-cultural perspectives of LGBTQ psychology from five different countries: current state and recommendations

The field of LGBTQ psychology works to center and affirm LGBTQ lives and inform other related subfields such as clinical and social psychology. This article presents what the current landscape of LGBTQ psychology is looking like in five different countries and assessing the cultural barriers keeping LGBTQ psychology from thriving. It investigates how the individual identities of the LGBTQ community are affirmed within the countries and provides country specific suggestions for how to promote the field within each country.

The overshadowed LGBT fight for 'normality'

This article discusses the documentary Cured and the long fight to depathologizing homosexuality, as the APA did not remove homosexuality from the DSM until 1973, over twenty years after Dr. Evelyn Hooker's initial study on gay men. The article highlights key activists and gay liberation organizations that played a part in this fight as well as discussion of how the former pathologizing of LGBTQ+ identities still informs contemporary practices and ideals, such as harmful conversion therapy.

Moving From Affirmation to Liberation in Psychological Practice With Transgender and Gender Nonconforming Clients

Dr. Anneliese Singh makes the argument that clinical psychologists need to go beyond basic transgender and gender nonconforming (TGNC) affirmation practices, which is currently recommended by the APA. Dr. Singh suggests that in addition to self-education and general awareness of TGNC issues, TGNC liberation psychology can deepen the connection between a TGNC client and cisgender psychologist. The article presents the TGNC liberation framework and how it can apply to clinical practice.

ADDITIONAL READINGS (CONT'D)

Multiple minorities as multiply marginalized: Applying the minority stress theory to LGBTQ people of color

It is imperative as psychologists to address the intersections of identities when researching minority groups. This article addresses the intersection of being a person of color and being part of the LGBTQ community (LGBTQ-POC), a multiple minority. Dr. Kali Cyrus uses the minority stress model to assess the risks and negative health outcomes of these multiple minorities

RESOURCES

Here are some resources for LGTBQ+ students and faculty

- [Asexual Visibility and Education Network \(AVEN\)](#)
- [Resource from IEE office for trans students at UNCC](#)
- [PFLAG](#)
- [APA Division 44 Society for the Psychology of Sexuality Orientation and Gender Diversity](#)
- [CDC Resource page for LGBTQ youth](#)
- [Time Out Youth \(Local CLT organization for LGBTQ+ youth\)](#)
- [Transgender Legal Defense and Education Fund \(TLDEF\)](#)
- [Bisexual Resource Center](#)