NOVEMBER 2021	2021 UNIVERSITY OF NORTH CAROLINA			ISSUE N.3
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THE SOCIAL JUSTICE NEWSLETTER				
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## **CELEBRATING NATIVE AMERICAN HERITAGE MONTH**

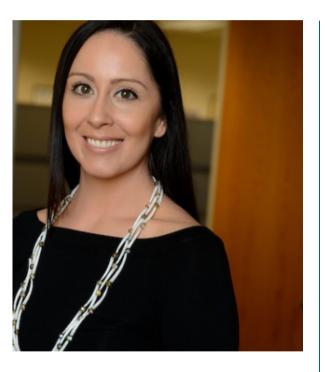
November is Native American Heritage Month. In this newsletter we wanted to highlight the rich and diverse cultures, traditions, and histories of Native American people. We also wanted to acknowledge the important contributions towards the field of psychology made by Native American scientists. After reading through, please take the time to educate yourself and others about the unique challenges Native American people have faced historically and presently. <u>Click here</u> to read about UNC Charlotte's Iand acknowledgement plaque created in honor Indigenous Peoples' Day.

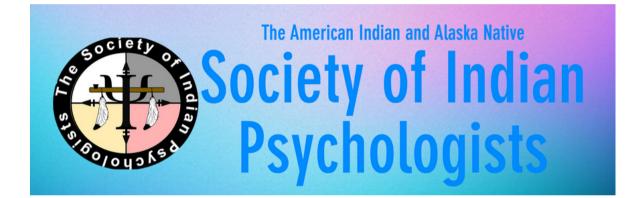


## **RESEARCH HIGHLIGHTS**

Victoria M. O'Keefe, PhD, MS, is a researcher working to achieve strength based and culturally informed suicide prevention, mental health promotion, and wellness among indigenous communities. She is a member of the Cherokee and Seminole Nations of Oklahoma. Her research is conducted at John Hopkins Center for American Indian Health, where she is the associate director.

### To learn more about Dr.O'Keefe and her research, <u>click here.</u>





The Society of Indian Psychologists is an organization dedicated to advocating for the mental well-being of Native American and indigenous communities by increasing the knowledge and awareness of issues impacting Native mental health. They provide space for Native psychologists to work in support of professionals, researchers, graduate students, and undergraduate students. In this community they share ideas, disseminate knowledge and new information relevant to Native People. The organization seeks to be a resource for their respective communities by increasing the knowledge and awareness of issues impacting Native mental health. <u>Click here to learn more!</u>



#### <u>Mad in America:</u> <u>Rethinking Mental</u> <u>Health: Joseph Gone -</u> <u>When Healing Looks Like</u> <u>Justice on Apple Podcasts</u>

Joseph Gone is a professor of both Anthropology and Global Health and Social Medicine at Harvard University. He is a clinical and community psychologist by training and he conducts participatory research projects with community partners in Native American communities. His work includes both the critical analysis of psychological theories and concepts, such as indigenous historical trauma.



Justin Douglas "Doug" McDonald, Ph.D., L.P. -UND Professor & Program Caters to Native American Students Interested in Clinical Psychology

Dr. McDonald is currently a Professor

and in Native American communities.

in the Department of Psychology at UND

and Director of the Indians into Psychology Doctoral

Health Service (IHS) American Indians Into Psychology

Education (INPSYDE) program which falls under the Indian

to increase the number of Native psychologists in the field

(INPSYC) program. Dr. McDonald shares his thoughts on how



#### <u>Counseling Alaskan</u> <u>Natives and</u> <u>American Indians</u>

Dr. Dawn-Elise Snipes received her MHS in Rehabilitation Counseling and

her PhD in Mental Health Counseling and University of Florida. In this podcast, she will be bringing awareness to addiction and mental health professionals on how to improve their understanding of American Indian and Alaska Native behavioral health as well as the importance of cultural awareness, cultural identity, and culture-specific knowledge when working with clients from diverse American Indian and Alaska Native communities.

VIDEOS 🧧

#### lam Psyched for Native American Heritage Month-Panel Disscussion

I am Psyched! for Native American Heritage Month is the eighth in the American Psychological Association's Women's Programs Office series of I am Psyched Heritage and Awareness Month events honoring women of color psychologists representing two Native



American psychologists. Marigold Linton, PhD, is a cognitive psychologist who has been awarded the Jean E. Simmons Honorary Membership Award for Excellence in Science Education. And Diane J. Willis, PhD, is recognized with this APA Citizen Psychologist Presidential Citation for her sustained leadership in enhancing behavioral health services for children in Native American communities.

#### <u>The Resilience of the Native American People</u>

<u>| Lorraine Davis | TEDxUMary</u>

Lorraine Davis is an urban Indian leader, advocate for Native American needs and an educator of cultural competency, she initiated the 2016 Proclamation of First Nations Day for the city of Bismarck, which holds the largest urban Native



American population in ND. She is the founder and Executive Director of the Native American Development Center. Her message is to enhance Native Americans' capability to improve life for themselves and their families through cultural preservation and social-economic education and supportive services. PAGE 3

# UNIVERSITY OF NORTH CAROLINA

## **ANNOUNCEMENTS**



Are you a faculty member looking to increase your research publication productivity? Are you willing to mentor UNC Charlotte students on their research and writing skills? This Paper Chase program is intended to train students and faculty on an effective method to communicate research results. **Paper Chase** is a collaborative writing approach where a team of researchers develop and submit a publishable manuscript in a short time frame, working as a team throughout the process. We invite UNC Charlotte faculty to submit their research projects for consideration for our hybrid Paper Chase Program held in Spring 2022.

#### This program might be a good fit for you if you are:

- Looking to increase your publication productivity
- Able to have research results analyzed by January 5, 2022
  Willing to complete 3 hours of online learning modules about science communication and the paper chase method
- Available and willing to commit to mentoring a team of students during a weekend Paper Chase writing event on campus March 25-27, 2022





#### Click this link to sign and support a

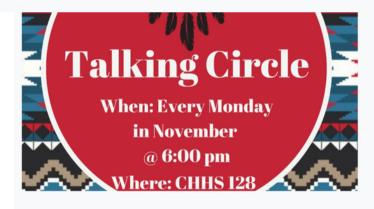
**petition** to have the university provide free menstrual products in all-female and gender-neutral restrooms on campus. Just as they provide other toiletry products such as toilet paper, seat covers, soap, and paper towels, period products should be treated like the essential hygiene product that they are!

# **CAMPUS CLUBS HIGHLIGHT**



### Native American Student Association

NASA is established to provide a safe space for the support of Native American students at UNC Charlotte. Our mission is to encourage the presence of Native Americans on college campuses by enhancing academic success, social skills, campus/community involvement, and to provide a strong support system for all members while spreading the knowledge and history of our Native people.



#### Description

Join us starting November 1st as we celebrate Native American Heritage Month ALL MONTH LONG! NASA will hold weekly Talking Circles where we will discuss different topics that are impacting the Indigenous community! ALL are welcome, Natives & non-Natives alike! We can't wait to have these impactful & respectful discussions with y'all!

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# RESOURCES

- <u>Native American Heritage Month: Supporting Mental</u> <u>Health</u>
- Indian Health Service
- <u>Psychology Today</u>
- Native and Indigenous Communities and Mental Health

#### American Psychiatric Association



ADDITIONAL READINGS & RESOURCES

# ADDITIONAL READINGS

#### The Psychological Impact of Historical Trauma on Native American People

Native American historical trauma is similar to other massive generational group traumas. Past examples include the Jewish holocaust, slavery of the African people in the United



States, and treatment of the Japanese Americans in the U.S. during World War II. Understanding the history of Native Americans allows for the design of culturally specific preventative and therapeutic interventions.

#### <u>https://wPsychology in Indian country</u> <u>ww.apa.org/monitor/jun03/indian</u>

Suicide rates among young Indian men, for instance, are the highest of any demographic group in America, says Jamie Davis Hueston, PhD, a psychologist at the Indian Health Service (IHS). Many other behavioral health problems--from substance abuse and alcoholism to depression and anxiety--are widespread. And there is a severe shortage of American Indian psychologists and other mental health professionals available to meet those needs.