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CELEBRATING LGBTQ+ HISTORY MONTH

NEWSLETTER OF THE SOCIAL JUSTICE COMMITTEE
IN THE DEPARTMENT OF PSYCHOLOGICAL SCIENCE

Join us this October as we honor **LGBTQ+ History Month!**

The LGBTQ+ History Month is a celebration dedicated to recognizing and honoring the history, achievements, struggles, and contributions of the people identifying as lesbian, gay, bisexual, transgender, queer, and other diverse sexual orientations and gender identities. It coincides with the National Coming Out Day (October 11th) and the first and second national marches for LGBT rights in Washington, D.C., in 1979 and 1987.

This is a month for education, visibility, celebration, and advocacy! Our newsletter sheds light on UNCC events and resources, remarkable psychologists, community agencies and organizations, and an inspiring podcast and playlist.

We hope you find this newsletter to be interesting and helpful.

Let's celebrate the strength and diversity of the LGBTQ+ movement!

Learn more about the LGBTQ+ History Month:



UNCC SPOTLIGHTS

Eryn DeLaney, PhD



Eryn DeLaney is a full-time Sport Psychologist embedded within Athletics at the Center for Counseling and Psychological Services (CAPS). She is from Decatur, Georgia but has traveled to Missouri, Texas, and Virginia before settling down in Charlotte. As a psychologist her clinical work focuses on intersectionality and diversity, BIPOC concerns, LGBTQIA+ concerns, trauma, identity exploration, anxiety, depression, eating concerns/body image, interpersonal/relationship concerns, and athletic performance/mental health. Her previous research has focused on the influence of intersectionality, resilience/ protective factors (i.e., ethnic-racial identity), and sociocultural risk factors (i.e., sexual victimization) on mental health and substance use concerns among college students who have historically marginalized identities (i.e., LGBTIA+). In her current role, she provides individual and team services for mental health and sport performance concerns for the student-athlete population. These services seek to holistically support student-athletes throughout their life experiences, while also enhancing their overall well-being. She also supports the Athletic department in increasing programming, access, and resource related to health and wellness services in historically marginalized communities.
Contact: edelane3@charlotte.edu

Renita Sengupta, PsyD



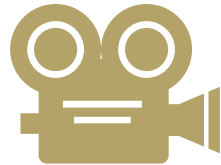
Dr. Sengupta (she/her/hers) is a licensed psychologist and the Assistant Director for Groups and Workshops at Counseling and Psychological Services (CAPS). Her areas of interest include working with students in the LGBTQ+ community and with other intersecting marginalized identities on topics related to identity exploration, self-esteem/self-worth, family and cultural concerns, relationships, and building community. Prior to her time at UNC Charlotte, her doctoral research focused on experiences of biphobia/binegativity within the queer community. Dr. Sengupta enjoys helping people explore and embrace their authentic selves and create space for community and joy while also navigating systemic challenges. She also enjoys supporting folx who are involved in polyamorous or ethically non-monogamous (ENM) relationships. She provides individual, group, and relationship therapy and has provided presentations and discussion spaces for QTBIPOC students. She has also served on the LGBTQ+ Faculty/Staff Caucus and the LGBTQ+ Wellbeing Taskforce in the Health and Wellbeing Unit.
Contact: renita.sengupta@uncc.edu

NINER NATION EVENTS



Guest Speaker Justine Lindsay: Thriving on the Field & In Life

Oct 4th



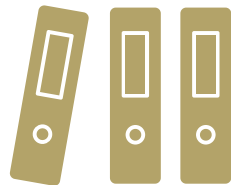
"The Imitation Game" Movie Presentation

Oct 11th



Alumni Homecoming Event

Oct 12th

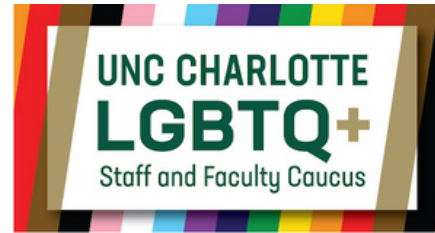


Queering the City: Exploration of Queer Archives at UNCC

Oct 26th

CLICK THE LINK FOR MORE INFORMATION AND CAMPUS EVENTS FOR LGBTQ+ HISTORY MONTH

UNCC RESOURCES



The UNC Charlotte LGBTQ+ Faculty and Staff Caucus serves as a support network for LGBTQ+ members of the university community. The organization also serves to facilitate, influence, and provide guidance for educational, administrative, and personnel policies that affect the welfare of the LGBTQ+ community.

<https://qtsfc.charlotte.edu/>

LGBTQ HEALTH

The LGBTQ Health page setup by the Center for Wellness Promotion, provides on campus and off campus resources, national organizations and scholarship information on LGBTQ+ community members.

<https://wellness.charlotte.edu/wellness-starts-here/lgbtq-health>

ORGANIZATIONS



The Society for the Psychology of Sexual Orientation and Gender Diversity (SPSOGD) has several resources! They also offer support and mentorship to students and early career professionals throughout their professional careers!

www.apadivisions.org/division-44



This center offers training, coaching, and technical assistance to behavioral health practitioners supporting the LGBTQ+ population. Their goal is to address disparities impacting the community.

<https://lgbtqequity.org/>



CSE is committed to lifting up the voices and experiences of LGBTQ+ Southerners. Check their initiatives for a more equal South!

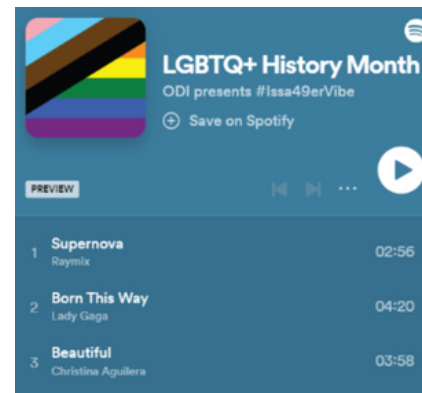
<https://southernequality.org/>

RECOMMENDATIONS



Podcast

“Queer as fact” is a podcast on queer history covering content from around the world and throughout time.



Music

Check this Spotify playlist put together by faculty, staff and students as an initiative of the Office of Diversity and Inclusion.