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INTERNATIONAL WOMEN'S DAY

NEWSLETTER OF THE SOCIAL JUSTICE COMMITTEE
IN THE DEPARTMENT OF PSYCHOLOGICAL SCIENCE

As we embrace the dawn of Spring, we embark on a journey of celebration and reflection. This Month, we stand on the cusp of a pivotal moment in history—International Women's Day. With each passing year, this remarkable occasion gains momentum, becoming not just a date on the calendar but a beacon of hope, empowerment, and solidarity for women everywhere.

International Women's Day, observed annually on March 8th, is a testament to the resilience, strength, and achievements of women across the globe. It is a day that transcends borders, cultures, and backgrounds, uniting us in a shared commitment to gender equality and the advancement of women's rights.

In this edition of our newsletter, we invite you to join us in honoring the extraordinary contributions of women throughout history and in our present day. Join us as we embark on a journey of inspiration, advocacy, and empowerment this International Women's Day.

In this newsletter, we have an amazing UNC Charlotte spotlight, campus events and resources, local and professional organizations, and book recommendations related to International Women's Day.



UNC CHARLOTTE SPOTLIGHT

Jodie Lisenbee, MA



Jodie Lisenbee is a sixth-year PhD Candidate in the clinical concentration of the Health Psychology PhD program at the University of North Carolina at Charlotte. She is currently completing her APA-accredited clinical psychology internship at the Duke University School of Medicine, where she is delivering psychotherapy services to patients in the Duke Fertility Center, among other clinics. Clinically, Jodie specializes in reproductive health psychology and enjoys working with individuals during the preconception period, pregnancy, and postpartum period. She also holds certification as a Perinatal Mental Health Professional (PMH-C) through Postpartum Support International. Jodie's research centers on psychosocial processes within the perinatal period, especially labor and delivery experiences. She is poised to defend her dissertation this Spring; it is titled, "When childbirth progress slows or stalls: A qualitative examination of decision-making processes surrounding labor dystocia." Previously, her master's thesis examined doula care during the COVID-19 pandemic, which highlighted the value of doulas' emotional and informational support. Jodie is also a DONA-certified birth doula, and before graduate school, she volunteered with the San Francisco Homeless Prenatal Program and at San Francisco General Hospital. Jodie has a strong lifelong commitment to birth equity and reproductive justice work, and her passion for empowering others shines through in all that she does.

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CAMPUS EVENTS

WOMEN'S HISTORY MONTH AND INTERNATIONAL WOMEN'S DAY ON-CAMPUS

WEDNESDAY, MARCH 20, 3:30-5 pm

Performance:
Charlotteans Women's Choir



Keynote Speaker: Sil Ganzó

Beyond resilience: Advancing
the Rights, Well-being, and
Belonging of Refugees and
Immigrants in Charlotte

[CLICK THE LINK FOR MORE INFORMATION AND CAMPUS EVENTS](#)

CAMPUS RESOURCES



INSPIRING GREATNESS, NOBILITY, AND INTEGRITY THROUGH EMPOWERMENT (IGNITE)

IGNITE is an organization at UNC Charlotte that fosters the advancement of underrepresented female-identified students to make positive life choices and to maximize their academic, personal and professional potential.

<https://oadi.charlotte.edu/get-involved/inspiring-greatness-nobility-and-integrity-through-empowerment-ignite>

UNIVERSITY CAREER CENTER Division of Academic Affairs

The University Career Center provides various resources on groups and platforms aimed at connecting women with organizations that provide holistic identity development and empowerment opportunities.

<https://career.charlotte.edu/identityatwork/women>

LOCAL EVENTS & ORGANIZATIONS



Charlotte Women's Movement seeks to raise awareness and galvanize action on equality for all women with a focus on our local Charlotte community.

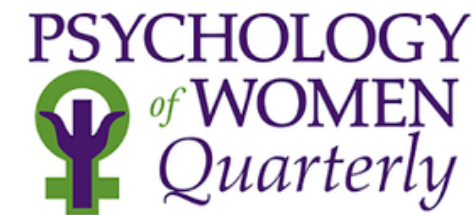


Power of Women is a series and network platform designed to engage, inform, inspire and connect professional women to resourceful women's groups and organizations in the Charlotte Region.

PROFESSIONAL ORGANIZATIONS



APA Division 35: Society for the Psychology of Women provides an organizational base for all feminists, of all genders and of all national origins, who are interested in teaching, researching, or practicing in the psychology of women.



PWQ is a feminist, scientific, peer-reviewed journal that publishes empirical research, critical reviews and theoretical articles that advance a field of inquiry, teaching briefs and invited book reviews related to the psychology of women and gender.



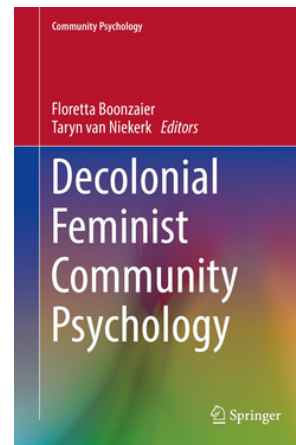
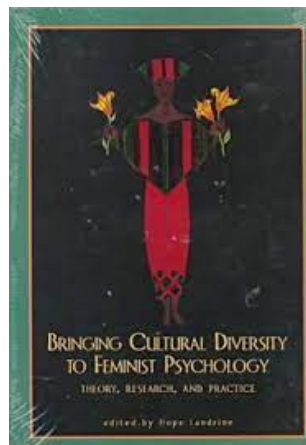
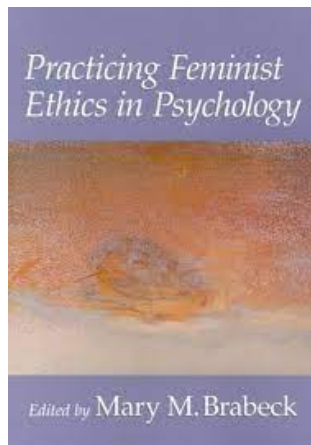
RECOMMENDATIONS

Podcast: BBC Woman's Hour



This news podcast highlights current events affecting women around the world.

Books:



APA highlights 4 empowering children's books that explore leading women in Psychology:

